



## New Plates from The Shoulder:

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Grilled salmon fillet with smashed avocado, coriander, feta, toasted pumpkin seeds, watercress and lime £13.95

Warm spinach, sweet potato and chive frittata with dressed tomatoes and green leaves  
small plate £6.95 main plate £10.95

Grilled goats cheese with caramelised baby onions, spinach and watercress, toasted flaked almonds and a lemon dressing  
small plate £7.95 main plate £11.95

King Prawns and rice noodle salad  
with a Thai dressing  
mange tout, mixed peppers, spring onions, coriander  
and sesame seeds  
small plate £9.95 main plate £13.95

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Desserts £5.50

Lemon posset with a thyme and oat crumble topping

Apricot and almond cake with rosewater and cardamom with natural yoghurt & pistachio

Available Tuesday – Friday Lunch 12 – 2pm Dinner 6 – 9pm  
All day Saturday 12 – 9pm

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